

# Basketball Group

suitable for children aged 8-12 years

SPLASH  
GROUP  
PROGRAMS

The Splash Basketball Group is an opportunity for participants to come together to engage in a supportive environment to share their interest in basketball.

The group will support the development of your child's gross motor skills for participating within the game, as well as offer the opportunity to socialise as a team.

## Session format:

### Day 1:

- Held at the clinic
- Introduction to the game of basketball, e.g. court set-up, rules, basic skills
- Identify group expectations
- Identify child chosen goals for developing basketball skills

### Days 2-4:

- Held at the local basketball stadium
- Development of basketball skills, e.g. ball handling skills, passing/catching, dribbling, shooting, following instructions, working as a team
- Working towards achieving child chosen goals

### School holidays groups:

4 x 1.5hr sessions daily across one week, facilitated by two Occupational therapists. Price includes court hire and travel.



**To enquire about the suitability of this program**

**for your child & availability please call 8731 6555**

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